

AS SEEN BY A WASHINGTON WOMAN

**A SIGN OF THE TIMES.**  
Without comment, simply as a matter of figures, a recent expert shows that, whereas the women of our own land call for more stockings of sizes 9 and 9½ than of any other size the women of the Latin-American lands to the South of us demand hosiery from one and a half to two sizes smaller. And added to this is the fact, proved by figures, that the average size of stockings worn by American women is larger now than ever before.  
Yes, it is an uncontrovertible fact that American women are passing out of the class of the fairly footed, and the time when we could look with amazement at the size of the hands and feet of our English cousins is no more. But who cares for a size more or less if the foot is of good shape and proportion? Our women now are taller and of better build generally; they are more athletic and of greater powers of endurance than they were a generation or so ago. So why should we bewail the tendency that shows that their feet have kept pace with the other members of their bodies?  
Chiropractors and shoe dealers tell us that the craze for dancing brought about a demand for larger shoes—not because dancing actually enlarged the feet, but that it made necessary shoes that permitted freedom of motion. And with the present vogue for skating, which we are told is having an effect on almost every detail of woman's attire, there will be no return of the tendency to wear stockings too small for comfort.  
Beware the oyster that is white and plump! For, according to recent health investigations, these good-looking bivalves may not be naturally plump and juicy at all. They may simply be water-soaked by the unscrupulous tradesman who seeks in this way to augment his profits on selling oysters. And the worst thing about this new phase of food adulteration is that no one but a chemical expert can tell the difference between an oyster that is pleasantly plump, because nature and favorable surroundings made it so, and the poor, measly little specimen that has been water-soaked into his present prosperous condition. The only thing to do, it would seem, is to deal with oyster dealers whom we can trust and who are too honest to take part in this recently exposed dishonest practice.  
MARY MARSHALL.

HOUSEWIVES DAILY ECONOMY CALENDAR  
By FRANCES MARSHALL.  
FAVORS TO MAKE.

Every hostess has innumerable occasions for the use of pretty party favors. It is a lucky hostess who always has on hand either ideas for the quick making of attractive favors or the favors themselves.  
There are so many lovely things that can be made of crepe paper, that nobody need be at a loss for favors simply because of their expense. For made of crepe paper they are decidedly inexpensive.  
Easiest to make are paper-covered fluted paper party cases. The cases can be bought for a small sum, and then crepe paper in the desired color should be cut in narrow strips, fastened neatly around the party cases in one, two or even three ruffles, and tied with colored ribbon. The addition of a little bunch of paper flowers under the bow of ribbon adds to the attractiveness of the baskets, and a handle, made of wire, covered with a twist of paper, can also be added.  
There are also the tiny crocheted baskets, made of crocheted cotton, and stiffened in equal parts of raw starch and granulated sugar, dissolved in lukewarm water. These are very pretty, and cost only a few cents, and to the woman who knows how to do thread crochet they are easy to make.  
These little baskets made of crepe paper, are for holding bon bon and nuts, and the crocheted baskets can have the handles run with ribbon of the color of the other decorations.  
Flowers always make lovely favors. In the winter, a single rose at each plate at dinner, with a pin whereby it may be pinned to the frock, is a worthy favor. Of course a bunch of violets is an even lovelier favor, and also a much more expensive one.  
Tiny flower holders of glass—they can be bought in pretty shapes for as little as 5 cents each—are also dainty favors. Each should hold a single flower, and the holders, as well as the flowers, are for the guests to keep if they wish to.  
Small candlesticks in glass or brass, each holding a burning candle, are also pretty favors, that add much to the attractive appearance of the table. One stands burning before each plate.  
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FAMOUS WOMAN, HER BIRTHDAY AND YOURS  
By MARY MARSHALL.

January 8—Emma Booth Tucker, Mrs. Julia Glover.  
Almost a hundred years apart were the birthdays of the two most famous birth-day patronesses of January 8. Eva Booth Tucker was born in 1860 and Julia Glover was born in 1879.  
Julia Glover was the daughter of an actor named Betterton or Betterton, and when she was about ten years old she began to play youthful parts with her father's company. He was a stern father, it is said, and dominated over all his life, taking her earnings, and finally selling her for some thousands of pounds—which, by the way, was never paid to Samuel Glover, whom she married when she was twenty-one.  
Julia Glover went through most of the famous parts of her day. She played most Shakespeare and it is said that she excelled in middle-aged, cheerful parts. She was so successful that she was called the "mother of the stage," but her life was never happy, for her husband, as well as her father, was brutal to her. She was plump—she was even called "monstrously fat"—and she had a most wonderful memory—two things emphasized by her biographers. Far different was the life of her father, Samuel Glover, who was born the daughter of Gen. William Booth, founder of the Salvation Army, and she was married to Commander Booth Tucker. Her father's luck turned in a wreck a few years ago her death was mourned throughout the world.  
(Copyright, 1914.)

TOMORROW'S MENU.

"Bad men live that they may eat and drink, whereas good men eat and drink that they may live."—Socrates.  
**BREAKFAST.**  
Cereal and Cream.  
Baked Bacon.  
Waffles. Coffee.  
**DINNER.**  
Oyster Cocktail.  
Roast Beef.  
Stuffed Sweet Potatoes.  
Asparagus Timbale.  
Lemon Sauce.  
Orange Ice Cream.  
**LUNCHEON OR SUPPER.**  
Ham Patties.  
Cucumber Salad.  
Cream Cheese.  
Waffles—Sift three teaspoonfuls of baking powder with a cupful and three-quarters of flour and half a teaspoonful of salt. Gradually add a cupful of milk, a tablespoonful of melted butter, and then fold in the yolks and whites of two eggs, beaten separately. Cook on waffle irons and serve with honey or maple syrup.  
Orange Ice Cream—Mix equal parts of orange juice and cream, sweeten to taste, and freeze. Serve with sliced oranges, sweetened and chilled, around the ice cream.  
Ham Patties—Molten a cupful of breadcrumbs and two cupfuls of cold melted ham with milk. Put into muffin tins or ramekins; break an egg into each, sprinkle with breadcrumbs, brown and serve.

PRACTICAL HEALTH TALKS  
By William Whitney, M.D.

Dr. Whitney's popular articles on health and beauty subjects in several leading magazines have been attracting marked attention for a number of years. No other writer on similar topics is better equipped for the work, for Dr. Whitney has established an enviable reputation as a specialist and is endowed with the ability to make herself easily understood by her readers. She will answer all letters relating to her department as promptly as possible. All letters should be accompanied by a stamped envelope and should be addressed care of this paper.

Nerve Tire.

The French were formerly considered the nervous race of the world. One spoke of the phlegmatic German, the stolid English, and the hysterical French. Today the American has usurped the Frenchman's claim to this unenviable title, and not only do we hold the world's championship in this respect, but we as a nation are rapidly developing into a race of irritable, ill-mannered nervous creatures. The various manifestations of these conditions are exhibited by the hurrying throngs wherever Americans gather, and foreigners sojourning in our land soon lose their look of serenity and their good manners in the necessity of keeping up with the American pace.  
There is no question that we are the pacesetters of the world, but our nerves, and notably our looks, suffer horribly in consequence. This is especially true of the wage-earners, upon whom the greater burden falls. Not so many years ago one heard a good deal about "neurasthenia." It was a term used in season and out for every functional nervous trouble in the calendar. As this word is now rarely used, there are few neurasthenics compared with the masses who suffer from nerve tire (which seems to be a chronic state among us).  
Evidences of nerve tire are seen all around us. Few awaken in the morning refreshed from the night's slumbers, bright, thoroughly alert and eager for the joy of another day's toil; instead of the delightful response of the nervous system to a perfectly healthy impulse, the jaded nerves must be whipped into action. Hot food is required to start the internal machinery, and after considerable effort the lagging body is started on its weary way.  
In the majority of cases, the spirit is willing, but the flesh is weak, and these are they who, despite every warning, go on until the nervous system breaks down completely and further effort of any kind is unbearable. Nature never fails to send out indications when it is being abused, although it is amazing the amount of abuse that can be tolerated. It makes us wonder what kind of beings we would be were our condition one of perfect health. Every man and every woman would be radiantly attractive in one way or another.  
There is an indescribable fascination

HOROSCOPE.

"The stars incline, but do not compel."  
Saturday, January 8, 1916.  
Astrologers read this as an unimportant day, but the stars are mainly adverse. While Mercury is fairly helpful, Mars and Sun are in malefic aspect.  
It is a fairly good direction under which to balance accounts or to seek peace.  
Writers come under a rule of the planets, which is read as helpful to those who treat serious subjects. Fiction continues to be directed by evil stars, but a disaster near the United States. The popularity next month.  
This month carries ominous signs for both Germany and England. Royalty is under a sway that is read as threatening to health and power.  
Several weeks of exceedingly severe weather are foreshadowed and agriculturists may suffer heavy losses to crops and stock.  
The prevalence of skin diseases is prognosticated and the public is warned to exercise precautions against infection.  
A disaster near the United States, is prophesied by a western astrologer. Fires in places of amusement again are forecast. Railway accidents also will be more numerous than usual.  
Another crisis in the Parliament of Great Britain is probable within the next fortnight.  
Canada has a business outlook that is very favorable for the spring manufacturing season, under good influences.  
The eclipse of the sun next month is read as foreboding continued warfare, earthquake, famine and robbery. Columbia and Venezuela have most threatening outlook. China and Japan, also, will be seriously disturbed.  
The planets presage the rise of many new heroes in the United States. The older public gods have little hope of revived popularity.  
Persons whose birthdate it is have a year of stress before them, but they should be able to maintain moderate progress in business affairs.  
Children born on this day may be self-willed and fond of material pleasures. Boys are likely to have reverses in business life. These subjects of Capricorn have Saturn as their principal ruling planet.  
(Copyright, 1914.)

Will Not Use Brick After All.

The brick controversy between Secretary of the Interior Lane and designers of the new home of the Interior Department regarding the material to be used in putting up the structure is at an end. Neither the warm gray-colored brick called for in the original specifications nor the red brick desired by Mr. Lane will be used. It will not be brick at all. Officials have decided to use the dispute by employing light limestone.  
A method has been invented by a Russian artist for painting several theatrical scenes on the same canvas, the pictures changing as the light thrown on them is changed.

TALK WE TALK IN PASSING

BUSINESS NEAR-SIGHTEDNESS.

By JULIA CHANDLER MANZ.

(Copyright, 1914.)

"The Girl is trying to mix business and pleasure in business hours and it can't be done without seriously affecting her work. I shall have to let her go," declared The Busy Man to The Little Lady who companions him through life.  
Whereupon his companion, with instant sympathy for both The Girl and her employer, made gentle intercession, and saved the young woman's career.  
But suppose there had been no Little Lady to intercede with The Busy Man?

"Why, you're fifteen minutes early," exclaimed The Little Lady happily when The Busy Man put in his appearance at a quarter to twelve instead of at noon as had been agreed.

"Turned my office over to that snob. Just as well you know, for after he drops in The Girl's attention is so divided that she doesn't know chalk from cheese. Making mistakes in her figures lately, too."

The Little Lady, who also has the happiness of being The Busy Man's wife, was quickly sympathetic, for she knew perfectly well that he referred to his head bookkeeper who was a trusted employee, and one upon whom The Busy Man had relied for fidelity to her business and accuracy in her work for many a moon.

"Tell me all about it," solicited The Busy Man's companion gently.  
"Well, you know The Girl is worth her weight in gold—or was—to me, until some luckless moment brought that sawdust stuffed chap into her life. Now he invites her out to lunch every day in the week, and has formed the idiotic habit of dropping around about eleven thirty to wait for her," came the explanation.

"And she had just as well go when he comes as try to work until noon, for she is obviously frustrated, and lately there have been mistakes—serious mistakes



"What can I do for you?" I asked.

—in her figures. I would wager my life they have been made between eleven thirty and twelve o'clock," he went on, impatiently.  
"When her fashion plate of English checks took his seat this morning I walked over to him."

"What can I do for you?" I asked.  
"Oh, nothing whatever, thank you. I am waiting for Miss Winthrop," he answered me in a tone that implied that my inquiry had been an unwarranted presumption.

"I pulled out my watch and suggested that it lacked a half an hour until The Girl's luncheon hour, and remarked that she would not be disengaged until that time."

"No trouble at all to wait," he assured me, with an assinine grin. I required every ounce of self-control I possessed to keep from kicking him out of my office.

"So to get control of my temper I put on my hat and coat—and here I am," finished The Busy Man.  
"Why not have a frank talk with The Girl and tell her that this sort of thing can't go on. Tell her that it would be just as well if her men friends didn't call for her during business hours, and call her attention to her recent errors in her work," suggested The Little Lady, whose feminine sympathies were divided between her interest in The Busy Man's affairs and the romance she sensed in connection with The Girl of whom she had always been fond.

"It isn't up to a man to make such a suggestion to an employee! It's her own affair if she ruins her business career by a lot of sentimental rot."

"I know," answered The Little Lady with a gentle hand upon The Busy Man's arm, "but The Girl is so capable, and so worthy the suggestion. I'm sure she doesn't understand that a business man hates to be stumbling across a woman's admirer in his office every time he opens the street door."

"Of course you are right in thinking it a nuisance to have a man calling for The Girl during her office hours. But she does herself as great an injustice in allowing it, as she does you."

"Certainly," agreed The Busy Man, "but I am less interested in her injustice to herself. Any woman who is absorbed in social pleasures to an extent where she allows them to interfere with her business success is very near-sighted, and doesn't deserve anything better than being fired."

"But," he sighed with a sense of relief, "I'll take your suggestion, for The Girl has been with me a long time and knows every detail of my business. I would hate to lose her. But I shall only suggest to her, remember, that social activities during business hours may be responsible for the recent mistakes in her figures. If she doesn't fall for that out she goes."

Whereupon The Little Lady smiled up into The Busy Man's face and said she was sure that The Girl had just been thoughtless and was too keen to win a higher place in her business life not to see his drift with instant appreciation.

And The Little Lady was right.

**Albert Brayshaw Ordained Deacon.**  
Albert Brayshaw was ordained deacon by Right Rev. Dr. Gravatt, Bishop of West Virginia, assisted by Rev. R. E. L. Strider, of West Virginia, at services yesterday morning at the Church of the Advent, Second and U streets northwest. Rev. Edward Marshall Mott was master of ceremonies. Rev. Canon De Vries, of Washington Cathedral, and Rev. C. T. Warner, of St. Alban's Church, assisted in the ceremonies.

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DAILY TALKS  
By Mary Pickford

THE GIRL WHO MADE GOOD.

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Q UITE contrary to Miss Pretty Girl, who resented having to start on the lowest rung of the ladder, is today's story of a little girl whom you all know, but whom I will call Elizabeth.

She came to the studio without an introduction, came for days and days without ever being given an opportunity even to become a part of the mob scenes. She was not very pretty, but there was nothing garish about her appearance. She had on a neat, plain little suit, cotton gloves and a sailor which showed signs of a long season's wear. But she never complained, sitting there quietly, hour after hour, hoping that the opportunity she was longing for would arrive.

Her First Opportunity.  
At last it came. A director was short three or four girls and sent out to the waiting-room to see if there were not the necessary types who could step in and fill the vacancy. Elizabeth looked up eagerly as the assistant director analyzed their faces, and her bright, tense expression caught his eye.  
"Have you had any experience in pictures?" he asked her, studying her features, which he saw immediately would be of photographic value. They were clear cut and her eyes were beautifully expressive.

"No, sir," she replied, looking him straight in the eyes.  
For a moment he wavered, selected another girl, a prettier girl, then he came back to Elizabeth.  
"It's extra work," he said finally. "It doesn't need much experience, if you do what you are told. Come on in and we will give you a chance."  
That was the beginning. For weeks she was on the regular staff of extra girls. Because she was always on time, was quick to observe and comprehend everything told her, and showed an absorbing interest and genuine love for her work, she attracted the attention of several of the directors.

Not Pretty, But Clever.  
"She is not a pretty girl," one of them was overheard to remark, "but I think she will be one of the greatest actresses on the screen, if someone takes an interest in developing the art which I am sure she possesses. I am going to give her a trial myself at the first opportunity."

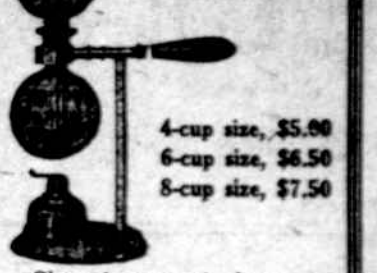
A few days later, one of the actresses was indisposed during a scene. It was not an illness such as would arouse one's sympathies and make the director glad to wait until she recovered, but it was that distressing sickness known as "temperament." The girl had resented the director's scolding because she had not done as she had been told, and in a spasm of anger had walked off to her dressing-room, putting and aggravated. She was confident that as soon as her dressing-room door closed upon her, she would be sent for, and cajoled into returning to her position on the stage.

But in this case it did not happen. Miss Temperamental Actress would have had it. The director looked around and saw Elizabeth sitting there, looking like a bright little squirrel on the limb of a tree.  
"You, little girl, with the brown hair," he called, "would you mind coming over here and letting me re-

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